

STARTING PLATFORM HEIGHT ABOVE WATER							
Water Depth (Ft.)	Less than	3 1/2	4	4 1/2			
	Equal or More Than		3 1/2	4	4 1/2		
Ruling Body S/P Height Above Water (In.)	FEDERATION INTERNATIONALE DE NATATION (FINA)	No Starting Platform	No Starting Platform		20 - 29 1/2		
	NATIONAL COLLEGIATE ATHLETIC ASSOCIATION (NCAA)		N/A	30 MAX			
	U.S.A. SWIMMING (USAS)		No Starting Platform	20 - 29-1/2 L.C 30 Max S.C.			
	U.S. MASTERS SWIMMING (USMS)						No Starting Platform
	NATIONAL FEDERATION OF STATE HIGH SCHOOL ASSOCIATIONS (NFHS)						
MEASUREMENTS	RULING BODY	FROM POOL WALL					
	FINA	1 TO 6 METERS (3'-3 1/2" TO 19'-2")					
	NCAA	NOT SPECIFIED					
	USA S	FROM 3'-3 1/2" TO 16'-5"					
	US MS	FROM 3'-3 1/2" TO 16'-5"					
	FHS	NOT SPECIFIED					